



Our core education programs are designed to raise awareness and educate students, coaches and parents about the dangers of appearance and performance enhancing drugs (APEDs). These research-based programs were developed in conjunction with the medical community as well as our target audience - the young people and their adult influencers.

HOOT'S CHALK TALK® "Anabolic Steroids"

- What are appearance and performance enhancing drugs?
- Where do they come from?
- Are they real?
- Who is using them, and why?
- Are they legal to buy or possess?
- Why are they banned in competition?
- Is it morally okay to use them?
- How to spot a steroid user
- Dangers
 - physical
 - psychological

HOOT'S CHALK TALK® "Dietary Supplements"

- What are dietary supplements?
- Do I need them, or am I wasting money?
- Protein, creatine, pre-workout, energy drinks?
- What are the risks involved?
- Manufacturing and purity issues
- Are the labels accurate?
- Where do supplements come from?
- What the supplement companies and distributors don't want you to know

Both programs are highly effective and relevant to our youth and their adult influencers



THF expert speakers deliver highly entertaining multimedia programs at high schools, universities and other venues across the U.S., Canada and Latin America.

Visit our website, email us at info@taylorhooton.org or call 972.403.7300 to schedule one of our programs or to learn more.

Invite one of our speakers to your school or organization today!

